Liturgical Preaching: Which Lent to Preach?
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Thus, Lent begins with the service of Ash Wednesday and runs through Holy Saturday, the day before Easter Sunday. This time period is actually forty six days, because the six Sundays in between the beginning and end of the Lenten Season are not really part the days of fasting. Sundays are always days of celebrating the resurrection of our Lord. This practice is still observed in many liturgical churches. Why should we observe this time of preparation and what does it mean to each of us and the Church today? Clearly this observance is not required for salvation. I charge you therefore before God and the Lord Jesus Christ, who will judge the living and the dead at His appearing and His kingdom: Preach the word! Be ready in season and out of season.