Psychiatric Nursing Clinical Guide: Assessment Tools and Diagnosis

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This aim of this book is to provide practical guidance on psychiatric nursing assessment and care planning. The first part of the book presents an overview on planning psychosocial nursing care, communications and counselling skills and the clinical interview.

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Nursing diagnoses and interventions include the definition, possible etiologies ("Related to "), defining characteristics ("Evidenced by "), objectives broken down to show long- and short-term goals, interventions with selected rationales, and desired patient outcomes/discharge criteria. Unit on psychotropic drug classifications covers anti-anxiety agents, antidepressants, antimanic agents, antipsychotics, antiparkinsonian drugs, sedative hypnotics, and central nervous system stimulants. Each drug classification lists background assessment data, predisposing factors, ... Clinical Pearl boxes appear in most chapters.