Review of Deepak Chopra's Book: The Book of Secrets: Unlocking the Hidden Dimensions of Your Life

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Abstract

In his book, Deepak Chopra gives us his vision of spirituality and of the reality we find ourselves wedded to. Chopra (page 15) writes: "Every secret in this book goes back to the existence of an invisible intelligence that operates beneath the visible surface of life. The mystery of life is an expression not of random accidents but of one intelligence that exists everywhere." You can find this book at Amazon: The Book of Secrets: Unlocking the Hidden Dimensions of Your Life

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The Book of Secrets—crystalline distillation of insights and wisdom accumulated over the lifetime of one of the great spiritual thinkers of our time—provides an exquisite new tool for achieving just that. Every life is a book of secrets, ready to be opened. The secret of perfect love is found there, along with the secrets of healing, compassion, faith, and the most elusive one of all: who we really are. Because answers to the questions at the center of life are counterintuitive, they are often hidden from view, sequestered from our everyday gaze. In his ongoing quest to elevate our experience, bestselling author Deepak Chopra has isolated fifteen secrets that drive the narrative of this inspiring book—and of our lives. Every life is a book of secrets, ready to be opened. The secret of perfect love is found there, along with the secrets of healing, compassion, faith, and the most elusive one of all: who we really are. The Book of Secrets—a crystalline distillation of insights and wisdom accumulated over the lifetime of one of the great spiritual thinkers of our time—provides an exquisite new tool for achieving just that. Because answers to the questions at the center of life are counterintuitive, they are often hidden from view, sequestered from our everyday gaze. Enlightenment. The Book of Secrets is the finest and most profound of Deepak Chopra’s books to date. Want the answers to the secrets of life? Let me recommend that you start right here." - - Ken Wilber, author of A Brief History of Everything. Year: 2004.